

# COMMUNITY BULLETIN

## COVID-19 RESPONSE MEASURE: CHILD AND YOUTH URGENT MENTAL HEALTH CARE

Children and youth with urgent mental health needs are being diverted to an urgent mental health care virtual clinic via call-in and video conferencing between child, parent/guardian, and the mental health clinician.

Child and Youth Urgent Mental Health Care service is for children and youth under the age of 18 with other urgent and acute mental health needs (suicidal ideation, anxiety, or depression).

### **For Child & Youth Urgent Mental Health Care: 1-866-833-5443 12PM-6PM Daily**

Children and youth under the age of 18, who require emergency medical stabilization (suicide attempts, severe intoxication, withdrawal, delirium and/or extreme disruptive behaviour) will still be seen at the **emergency departments** as usual.

Individuals requiring urgent mental health support after urgent care hours should access the Island Help Line, Kids Help Phone, Emergency Department, or 911.

For non-urgent care please call the mental health and addictions information service via the Covid Response line. Any Islander can access this service by calling:

**1-833-533-9333**

Calls are answered by trained mental health and addictions staff from 8AM - 4PM Monday to Friday. Information line staff will provide assistance in navigating Health PEI's mental health and addictions services. All Islanders who may be struggling are encouraged to call for information on how best to get support and assistance.

For adults who may require an acute mental health admission will be directed to psychiatric urgent care clinics located at the Hillsborough Hospital site and at the Prince County Hospital.

**MONTAGUE** • Telephone: 902-838-0960 • **Thursday: 4-8PM**

**CHARLOTTETOWN** • Richmond Centre - for individuals 16 and older  
**Telephone: 902-368-4430 • Tuesday: 10AM-6PM • Thursday: 10AM-6PM**

**CHARLOTTETOWN** • McGill Centre - for individuals 16 and older  
**Telephone: 902-368-4911 • Friday: 1-5PM • Saturday: 1-5PM • Sunday: 1-5PM**

**SUMMERSIDE** • Prince County Hospital  
**Telephone: 902-888-8180 • Monday: 9AM-5PM • Wednesday: 9AM-5PM**

**O'LEARY** • O'Leary Health Centre • **Telephone: 902-853-8670 • Wednesday: 9AM-3PM**